

Ingredients per capsule:

		%EC RDA
Capsule	-	-
<i>(Hydroxypropyl methylcellulose)</i>		
Thiamin	40.5mg	2892
<i>(Vitamin B1 as Thiamine Hydrochloride)</i>		
Pantothenic Acid	46mg	767
<i>(Vitamin B5 as Calcium Pantothenate)</i>		
Riboflavin <i>(Vitamin B2)</i>	50mg	3125
Niacin	50mg	278
<i>(Vitamin B3 as Nicotinamide)</i>		
Vitamin B6	41mg	2050
<i>(as Pyridoxine Hydrochloride)</i>		
Choline <i>(as Bitartrate)</i>	50mg	-
Inositol	50mg	-
Anti-Caking Agents	-	-
<i>(Magnesium Stearate and Silicon Dioxide)</i>		
PABA	30mg	-
<i>(Para Amino Benzoic Acid)</i>		
Folic Acid <i>(as Triturate)</i>	100µg	50
Biotin <i>(as Triturate)</i>	50µg	33
Vitamin B12	10µg	1000
<i>(as Cyanocobalamin Preparation with DiCalcium Phosphate)</i>		

%EC RDA = EC Recommended Daily Allowance

Multi B Complex

High Potency

A food supplement

NUTRIGOLD®

60 Capsules

Directions for use:

Take one to two capsules daily after food, or as directed by a practitioner.

This product is suitable for vegetarians and vegans.

Do not exceed the recommended daily intake. Food Supplements should not be used as a substitute for a varied diet. Keep out of reach of children.

Food Supplement - 60 capsules.

Product code: NC043

For Best Before and Batch Number see base. Store in a cool dry place. Do not use if seal is broken.

Long term intakes of amounts greater than 10mg Vitamin B6 daily may lead to mild tingling and numbness. v2.0

BIOACTIVE NUTRITION

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